



International Research Association for Organic Food Quality  
and Health

**Seminar the 19<sup>th</sup> of September**  
from 9.00-10.00 am CEST online at Zoom

**Is organic food consumption associated with  
the risk of developing non-communicable  
diseases?**

**with Julie Louise Munk Andersen,**  
Postdoc at the Danish Cancer Institute

You are invited to a scheduled Zoom meeting. Join:

[https://ucph-  
ku.zoom.us/j/66116702392?pwd=anp7D8NDm3z9XvvyKEaFixq  
S8IFIGL.1](https://ucph-ku.zoom.us/j/66116702392?pwd=anp7D8NDm3z9XvvyKEaFixqS8IFIGL.1)

Meeting ID: 661 1670 2392

Passcode: 331848

The workshop is free of charge.

## **Program:**

09.00-09.05 am: Welcome by FQH Carola Strassner

09.05-09.35 am: Seminar presentation by Julie Louise Munk Andersen

09.35-09.55 am: Discussion in plenum or break-out rooms  
(dependent on the number of attendants)

09.55-10.00 am: Wrap up, presentation of the next workshop  
and goodbye!

## **The speaker of this workshop:**

### **Julie Louise Munk Andersen**



Julie holds a Bachelor's degree in Food Science and Technology and a Master of Science in Human Nutrition from the University of Copenhagen. Since graduating in 2018, she has been employed at the Danish Cancer Institute and initially working data collection of the Danish Diet, Cancer, and Health – Next Generations (DCH-NG) cohort. Over the past six years her research has focused on the

associations between organic foods and public health. In 2024, she earned a PhD in Public Health and Epidemiology, from the Faculty of Health and Medical Sciences, University of Copenhagen.

### **Abstract:**

Over the last decades, there has been a major increase in the organic agriculture area, in addition to an increased public demand and purchase of organic foods. One major reason for organic food consumption is the expected beneficial health effects, although the existing evidence supporting these claims is limited. This talk will give you an introduction to research findings on the potential health impacts of organic food consumption, with a particular focus on my own research investigating associations with the risk of cancer, type 2 diabetes, and cardiovascular disease in the Danish Diet, Cancer and Health cohort.